

TECHNOLOGY-FACILITATED GENDER-BASED VIOLENCE: WHAT YOU NEED TO KNOW

Technology-facilitated gender-based violence (TFGBV) happens when someone uses technology like texting, social media, or GPS tracking to harm someone because of their gender, how they show their gender, or what gender people think they are. It includes other kinds of harm that disproportionately hurt women, girls, and transgender people. People also experience tech-facilitated harm because of their sexual orientation and other parts of their identity.

TFGBV can have serious negative impacts like:

Anxiety and depression

Harassment and violence

Social isolation

Suicidal thoughts, feelings, or intentions

48%
of youth experience **TFGBV**

Girls experience
HIGHER RATES
of victimization

Boys are more often the ones
CAUSING
the harm

Transgender students are
3 TIMES
more likely to experience
TFGBV than **cisgender** students

Source: Atteberry-Ash, B., Kattari, S. K., Speer, S. R., Guz, S., & Kattari, L. (2019). School safety experiences of high school youth across sexual orientation and gender identity. Children & Youth Services Review, 104, 104402-104403.

Despite the serious impacts of TFGBV, most young people do not reach out for help.



1 in 4 young people did nothing after experiencing at least one form of harm

39%
discussed it with a friend



1 in 5 young people reported it to their parents

3%
reported experiences of harm to the school

Source: Horeck, T., Ringrose, J., Milne, B., & Mendes, K. (2023). Postdigital teens: Gender based violence and tech facilitated harms during Covid-19: Final Report, University College London.

If you have experienced TFGBV, you are not alone!

Kids Help Phone

Canada's only 24/7 e-mental health service offering free, confidential support to young people.



Techsafety.ca

Offers knowledge and resources to support women, children, and gender-diverse people with their experiences of TFGBV.



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