


## Resources for girls and young women

### National

#### **Salal sexual violence and support centre**


- 24-hour crisis and information line. Provides support services to survivors of sexualized violence who are of marginalized genders: women, trans, nonbinary, Two-Spirit, and gender diverse people.


 [salalsvsc.ca](http://salalsvsc.ca)

 1-877-392-7583

#### **Youthspace.ca**

- A free online crisis and emotional support chat service for youth under 30 across Canada.

 [youthspace.ca](http://youthspace.ca)

 778-783-0177 (text) or online chat

#### **TFGBV Toolkit**


- Legal Remedies for Technology-Facilitated Gender-Based Violence Toolkit by Tech Safety Canada.

 [dropbox.com/s/jkmjsfnayntb1yw/TSC\\_LegalRemediesTFGBV\\_Toolkit.pdf?dl=0](https://dropbox.com/s/jkmjsfnayntb1yw/TSC_LegalRemediesTFGBV_Toolkit.pdf?dl=0)

## Resources for girls and young women

### National

#### **A Guide for Trusted Adults: Practical Tips and Tools for Supporting Girls and Young Women Navigating Life Online by YWCA's Project Shift.**

 <https://www.dropbox.com/scl/fi/enmby8zc4vxfkz8henn3j/ywca-mediasmarts-guide-for-trusted-adults.pdf?rlkey=ir6d55390g14cey5kk92x2zl9&dl=0>