

Resources for Muslim youth

Nisa Helpline

- Confidential, anonymous and free helpline for Muslim women across North America.
- nisahelpline.com

Naseeha International Hotline

- An international hotline that provides youth and particularly Muslim youth with the tools needed to address a range of issues including mental health, drugs and alcohol, bullying, religion, marriage and divorce, domestic issues, and career or work-related issues. Peer-counsellors provide immediate, anonymous, and confidential support over the phone.
- naseeha.org
- 1-866-627-3342 or text: 1-866-627-3342

Arabic TFGBV Guide by the Ontario Council of Agencies Serving Immigrants

- Infographic on Digital Technology in Facilitating and Responding to GBV Among (Im)migrants.
- drive.google.com/file/d/1ktLS8COLOg023li27AwuM0Ph506t40ks/view

Understanding Gender-Based Violence in the Muslim Community

- A report by Healthy Muslim Families looking to answer questions of DV/A and family violence in the Muslim community in Manitoba.
- healthymuslimfamilies.ca/wp-content/uploads/2023/09/HMF-DV-Research-Report.pdf

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Gender-Based Violence in the Lives of Muslim Women in Canada: Realities, Challenges, and Resistance

- In this Webinar, expert panelists discuss experiences of gender-based violence (GBV) in the lives of Muslim women across Canada. Panelists explore the intersections of GBV and Islamophobia, barriers to accessing culturally-informed supports and services, and impacts on the health and well-being of survivors. Lastly, panelists share the many ways that Muslim women stand up and resist acts of violence and oppression in their everyday lives.
- gbvlearningnetwork.ca/webinars/recorded-webinars/2023/webinar-2023-4.html